



Powered by NCA

2025 CHRISTIAN 4 Day Home Camp

| DAY 1 | | DAY 2 | | FUN DAY | | DAY 4 | |
|-------|---|-------|---|---------|---------------------------------------|-------|--------------------------------------|
| 11:30 | Staff Meets with Coach | 9:00 | Christian Leadership - L | 9:00 | Christian Leadership - L | 9:00 | Positive Circle |
| 12:00 | Introductions / Prayer with Team | 9:30 | Cheerobics A | 9:30 | Cheerobics - A | 9:15 | Cheerobics - A |
| 12:15 | Camp Cheer - CL | 9:45 | Jumps - A | 9:45 | Jump Builders - A | 9:30 | Crowd Inv. Cheer (extra) - CL |
| 12:30 | Buddy Time / Squad Tradition | 10:15 | Band Chant Review - SR | 10:15 | Dance 3 - Hip Hop - E | 9:45 | Rally Routine Practice - SR |
| 12:45 | Game Day Cheer - CL | 10:45 | Dance 1-Pom - E | 10:45 | Stunt Class - A | 10:15 | Stunt Practice |
| 1:15 | Rally Dance - E | 11:15 | Material Review | 11:00 | Pyramids - A | 10:45 | Game Day Cheer Practice - CL |
| 1:45 | Chants (3) - CL | | LUNCH | 11:15 | Rally Routine #3 - SR | 11:00 | Band Chant Practice - SR |
| 2:00 | Stunt SAFE - A | | | 11:45 | Christian Leadership | 11:15 | Cheer & Chant Review |
| | Skill Drills - A | | | | | | |
| | Stunt Foundations/ Skill Check A | 1:00 | Stunts - A | | LUNCH | | LUNCH |
| 2:45 | Christian Leadership - L | 1:45 | Rally Routine #2 - SR | | | | |
| | | 2:30 | Workshop / Evaluation | 1:00 | Workshop / Evaluation | 1:00 | All American Tryouts |
| 3:00 | Snack Break | | Chant & Cheer - CL | | Rally Routine - SR | 1:30 | Game Day |
| 3:30 | Material Review | 3:00 | Dance 2- Sidelines - E | 1:30 | All Dance Review | 2:00 | Rally Routine |
| 3:45 | Game Day Class(bring props) | 3:30 | Chants (3) - CL | 2:00 | Rally Routine Run Through - SR | 2:30 | Band Chant |
| 4:15 | Stunts - A | 3:45 | Material Review | 2:30 | Game Day Run Through- CL | 3:00 | Showoff for Parents |
| 5:00 | Band Chant - SR | 4:00 | Christian Leadership - L | 3:00 | Band Chant Review- SR | 3:30 | Final Christian Leadership- L |
| 5:30 | Rally Routine #1 - SR | | Tally Ho! | 3:30 | Christian Leadership - L | 4:00 | Tally Ho! |
| 6:00 | Christian Leadership - L | | | 4:00 | Tally Ho! | | #GoBeGreat |
| | Tally Ho! | | Wear Your Fun Day Attire Tomorrow! | | | | |
| | | | | | <u>NFHS Pillars</u> | | |
| | | | | | A - Athlete | | |
| | | | | | AM - Ambassador | | |
| | | | | | CL - Crowd Leader | | |
| | | | | | E - Entertainer | | |
| | | | | | SR - Spirit Raiser | | |
| | Bring Game Day Props Tomorrow! | | Dance Choices: Pom, Hip Hop, Sidelines | | | | |