2024 Build-Your-Own (BYO) Home Camp
2-Day Sample Schedule

DAY 1

Time	Activity
11:45 am - 12 pm	*Registration*
12:00 pm	Staff Introductions & Energizer
12:15 pm	Motion & Spirit Prop Workshop / Game Day Class: Crowd Leading
12:45 pm	Safety Awareness
1:00 pm	Spotting Seminar & Stunt Class #1
2:15 pm	Camp Dance
3:00 pm	*Break*
3:15 pm	Motion Technique Class & Team UCA
3:45 pm	Crowd Leading Private Coaching
4:30 pm	Crowd Leading Evaluations
4:45 pm	Pyramid Class #1
5:30 pm	Material Review / Coaches' & Captain's Goal Setting
5:45 pm	St. Jude
6:00 pm	Squad Credentialing & Daily Awards

Dance Class Options*
- Timeout
- Hip-Hop
- Diddies!

DAY 2

Time	Activity
9:00 am	Energizer / Warmup / Material Review / Team UCA Stretching, Flexibility & Jump Class
9:15 am	Game Day Class: Sidelines or Band Chant
10:00 am	Stunt Class #2
11:00 am	All-American Tryouts & Jump Off
11:15 am	Dance Class*
11:45 am	Sideline Stunts or Game Day Jams – **NEW!**
12:00 pm	*Lunch*
12:45 pm	Captain's Leadership Training
1:00 pm	Pyramid Private Coaching
1:45 pm	Camp Routine Private Coaching
2:45 pm	Squad Leadership Training & Team Unity
3:15 pm	Camp Routine Evaluations
3:30 pm	Camp Showcase
3:45 pm	Squad Credentialing Presentation
4:00 pm	Senior Recognition Ceremony Final Awards & Pin It Forward