



Day 1

Day 2

2025 2-Day Youth Camp

CAMP LOCATION & CAMP DATES

8:30 - 9:00a		Registration
9:00a		Introductions / Energizer & Warmup
9:15a	C	Motion & Spirit Prop Workshop / Game Day Class: Youth Cheer
10:00a	S	Safety Awareness & Spotting Seminar
10:15a	A	Stunt Class #1
11:00a	E	Youth Dance Class
11:45a	L	Team UCA
12:00p		Lunch
1:00p		Energizer
1:15p	A	Stretching, Flexibility, Jumps & Kicks Workshop / Material Review
2:00p	C	Youth Cheer Private Coaching
2:45p		Material Review
3:00p		Daily Awards

9:00a		Energizer / Warmup & Material Review
9:15a	C	Game Day Class: Youth Sidelines
9:45a	A	Stunts & Pyramids
10:45a	R	FNL Frenzy w/ Game Day Jams!
11:45a	A	Motion Technique Class
12:00p		Lunch
1:00p	L	Team Unity & Material Review
1:45p	E	Camp Routine Private Coaching
2:30p	A	Jump Off
2:45p	E	Camp Showcase
3:00p		Final Awards

**Coaches' Stunt Workshop may be available depending on your Youth Camp. Talk to your State Director for more information!*