



Day 1

Day 2

Day 3

2025 3-Day Masters Camp

CAMP LOCATION & CAMP DATES

Time	Activity	Day 1 Role	Time	Activity	Day 2 Role	Time	Activity	Day 3 Role
9:00-12:00p	Registration			Breakfast			Breakfast	
11:30a	Coaches' Quick Meet!		8:30a	Team Leader Check-in/ Warmup/ Material Review / Stretching, Flexibility & Jump Class & <i>Coaches' Meeting #2</i>	A	8:30a	Optional Open Practice	
12:00p	Opening Staff Demo, Meet your Team Leader & Squad Credentialing (Roadmap)!		9:00a	Coaches' & Captain's Goal Setting	L	9:00a	Team Time w/ Team Leader	
12:30p	Motion & Spirit Prop Workshop / Game Day Class: All-American Cheer / Camp Dance & <i>Coaches' Meeting #1</i>	C/E	9:15a	Stunt Class #2	A	9:45a	Final Day Showcase and/or Championship*	E
1:30p	Safety Awareness & Stunt Qualification w/ Team Leader	S	10:15a	Squad Leadership Training & Team UCA	L	11:00a	Squad Credentialing Presentation	
1:45p	Spotting Seminar & Stunt Class #1	S/A	10:45a	Sideline Stunts	E	11:15a	Senior Recognition Ceremony	
3:00p	Group A: Cheer Private Coaching	C	11:00a	Coaches' Stunt Workshop / Captain's Leadership Training & Tumbling Critique	S/L/A	11:30a	Final Awards & Pin it Forward	B
	Group B: Skills & Props & Team UCA	C/L	11:30a	Lunch	S/L/A			
3:45p	Switch Groups							
4:30p	<i>Dinner</i>		1:00p	1:1 Pyramid Transitions	A			
6:00p	Senior Social	L	1:45p	Group A: Team Unity & FNL Frenzy w/ Game Day Jams!	L/R			
6:15p	Optional: Cheer Evaluations	C/E		Group B: Custom 1:1 Skills Private Coaching	A			
6:45p	Pyramid Class #1	A	2:45p	Switch Groups				
7:45p	Stunt Troubleshooting Class	S	3:45p	Jump Off	E			
8:15p	Masters Challenges & St. Jude	A/B	4:00p	All-American Tryouts	B			
8:30p	Team Leader Meetings & Daily Awards		4:30p	<i>Dinner</i>				
			6:00p	Choose your Own Team Adventure!				
			6:30p	Pyramid Private Coaching	A			
			7:15p	Optional Evaluations or Team Time w/ Team Leader	E			
			8:00p	<i>Spirit Night!</i>	R			
			8:30p	Daily Awards & Pin it Forward	B			
				<i>Final Coaches' Q/A</i>				

Camp Information
HCM:
HI:
Location:
Dining:
Camp Store:

Team Adventures*
 - Stunt Transitions
 - Basket Toss Class
 - Open Workshop