

2025 4-Day Masters Camp (A/B)



CAMP LOCATION & CAMP DATES

Day 1		Day 2		Day 3		Day 4	
9a-12p	Registration		Breakfast		Breakfast		Breakfast
11:30a	Coaches' Quick Meet!	8:30a	Team Leader Check-in / Warmup / Squad Leadership Training / Material Review & Coaches' Meeting #2	8:30a	Team Leader Check-in / Warmup / Team UCA & Coaches' Meeting #3	9:00a	Optional Open Practice
12:00p	Opening Staff Demo, Meet your Team Leader & Squad Credentialing (Roadmap)!	9:15a	Coaches' & Captain's Goal Setting	9:00a	Senior Social	9:30a	Team Time w/ Team Leader
12:30p	Safety Awareness & Stunt Qualification w/ Team Leader	9:30a	Group A: Team UCA / Stretching, Flexibility & Jump Class	9:15a	Group A: Stunt Class #3	10:00a	Final Day Competition and/or Showcase
12:45p	Spotting Seminar		Group B: Stunt Class #2		Group B: Drills for Skills & FNL Frenzy w/ Game Day Jams!	C/E	(Cheer / Skills Performance)
1:00p	Group A: Motion & Spirit Prop Workshop / Game Day Class: All-American Cheer / Camp Dance / Masters Challenges & Coaches' Meeting #1	10:15a	Switch Groups	10:15a	Switch Groups	10:45a	Masters Challenges
	Group B: Stunt Class #1	11:15a	Cheer Evaluations	11:15a	Coaches' Pyramid Workshop - NEW! / All-American Setup & Material Review	A	
2:30p	Switch Groups	11:30a	Lunch	11:30a	Lunch	11:05a	Squad Credentialing Presentation
4:00p	Stunt Troubleshooting Class	1:15p	Captain's Leadership Training & Coaches' Stunt Workshop	1:30p	1:1 Custom Pyramid Transitions - NEW!	11:20a	Senior Recognition Ceremony
4:30p	Dinner	1:45p	Pyramid Class #2		Group A: Team Unity & Stunt Timing & Technique	11:30a	Final Awards & Pin it Forward
6:15p	Pyramid Class #1	2:45p	Group A: Custom 1:1 Skills Private Coaching - NEW!	2:30p	Group B: Custom 1:1 Skills Private Coaching - NEW!		
7:00p	Group A: Skills & Props / Material Review		Group B: Jump & Tumbling Critique	3:30p	Switch Groups		
7:00p	Group B: Cheer Private Coaching*	3:30p	Switch Groups	4:00p	All-American Tryouts		
7:45p	Switch Groups	4:15p	Jump Off	4:30p	Dinner		
8:30p	Team Leader Meetings & Daily Awards	4:30p	Dinner	6:15p	Optional Evaluations: Stunt, Pyramid or Camp Routine		
	New Coaches' Q/A	6:15p	Group A: Stunt Transitions Class	6:45p	Choose Your Own TEAM Adventure - NEW!		
		6:45p	Group B: Choose Your Own INDIVIDUAL Adventure - NEW!	7:30p	Gatorade Break & Team Leader Meetings		
		7:15p	Switch Groups	7:45p	Spirit Night!		
		7:15p	Pyramid Private Coaching	8:15p	Daily Awards & Pin it Forward		
		8:00p	St. Jude & Team Leader Meetings		Final Coaches' Q/A		
		8:15p	Masters Challenges				
		8:30p	Daily Awards				

Cheer Private Coaching: use All-American Cheer or bring

Camp Information
HCM:
HI:
Location:
Dining:
Camp Store:

Individual Adventure Options*
 - Timeout Dance
 - Hip Hop Dance
 - Motion Technique Class
 - Leadership 101

Team Adventure Options*
 - Stunt/Pyramid Workshop
 - Basket Toss Class
 - Game Day Critique