

# 2025 4-Day Resort Camp - 3rd afternoon off! (A/B)



800-4VARSITY-576117

CAMP LOCATION & CAMP DATES

Day 1		Day 2		Day 3		Day 4	
9a-12p	Registration		Breakfast		Breakfast		Breakfast
12:30p	Coaches' Quick Meet!	8:30a	Team Leader Check-in / Warmup / Game Day Class: Band Chant / Coaches' & Captain's Goal Setting	8:30a	Team Leader Check-in / Warmup / Game Day Class: Sideline Dances & Senior Social	8:30a	Optional Open Practice
1:00p	Opening Staff Demo, Meet your Team Leader & Squad Credentialing (Roadmap)!	9:15a		9:00a		9:00a	Team Time w/ Team Leader
1:30p	Safety Awareness & Stunt Qualification w/ Team Leader	9:30a	<b>Group A:</b> Band Chant Setup / Review	9:15a	<b>Group A:</b> Stunt Class #3	9:30a	Camp Routine Championship
1:45p	Spotting Seminar		<b>Group B:</b> Stunt Class #2		<b>Group B:</b> FNL Frenzy w/ Game Day Jams!	10:15a	Spirit Championship
2:00p	<b>Group A:</b> Motion & Spirit Prop Workshop, Game Day Class: Sidelines, <b>Group B:</b> Stunt Class #1	10:30a	Switch Groups	10:00a	Switch Groups		Band Chant, Sideline, Cheer
3:00p	Switch Groups	11:30a	Lunch	10:45a	All-American Tryouts	11:00a	Squad Credentialing Presentation
4:00p	<b>Group A:</b> Sideline Private Coaching	1:15p	Captain's Leadership Training & Coaches' Stunt Workshop #1	11:30a	Lunch	11:15a	Senior Recognition Ceremony
	<b>Group B:</b> Motion Technique Class & Team UCA	1:30p	<b>Group A:</b> Cheer Private Coaching			11:30a	Final Awards & Pin it Forward
4:30p	Dinner	2:30p	<b>Group B:</b> Stretching, Flexibility / Jump Class & Team UCA	AFTERNOON OFF!			
6:15p	Switch Groups	2:30p	Switch Groups				
6:45p	Pyramid Class #1	3:30p	Electives*	6:00p	Coaches' Stunt Workshop #2		
7:45p	Game Day Class: Cheers	4:15p	Jump Off	6:15p	<b>Group A:</b> Team Unity & Team UCA		
8:15p	Stunt Troubleshooting Class	4:30p	Dinner		<b>Group B:</b> Camp Routine Private Coaching		
8:45p	Team Leader Meetings & Daily Awards <i>New Coaches' Q/A</i>	6:15p	Sideline & Cheer Evaluations	7:00p	Switch Groups		
		6:45p	<b>Group A:</b> Spirit Practice & Squad Leadership Training <b>Group B:</b> Pyramid Private Coaching	7:45p	Camp Routine Evaluations		
		7:30p	Switch Groups	8:15p	Spirit Night!		
		8:15p	St. Jude	8:30p	Daily Awards & Pin it Forward		
		8:30p	Team Leader Meetings & Daily Awards		Final Coaches' Q/A		

**Camp Information**  
**HCM:**  
**HI:**  
**Location:**  
**Dining:**  
**Camp Store:**

- Electives\***
- Stunt Transitions
  - Basket Toss Class
  - Open Workshop
  - Timeout or Hip Hop Dance
  - Additional Material