



2 Day Day Camp

SAMPLE SCHEDULE

Day 1		Day 2	
8:00a	Check In / Registration		<i>Breakfast</i>
8:30a	└ UDA Routine Sneak Peek (Coaches and Captains Only)	8:00a	└ All-American Meeting
8:45a	⊞ Welcome / Staff Introductions	8:30a	⊞ Warm Up
8:50a	⊞ Warm Up	9:00a	⊞ Team Technique Class / Open Practice
9:15a	⊞ Performance Routine	9:30a	⊞ Rotate Groups
10:45a	⊞ Drill Downs	10:00a	⊞ A Routine Review
11:00a	⊞ Optional Home Routine Walk Through	10:30a	⊞ Performance Routine Private Coaching / Open Practice
11:15a	<i>Lunch</i>	11:00a	⊞ Rotate Groups
12:45p	⊞ Home Routine Evaluation	11:30a	<i>Lunch</i>
1:00p	⊞ A Routine	1:00p	⊞ B Routine
2:45p	└ Performance is a Privilege	2:45p	⊞ Showcase B Routines
3:30p	⊞ Performance Routine Review	3:00p	└ Scale Your Strengths
4:00p	⊞ Team Leader / Team Building	3:30p	R/C Band Dance Class
4:25p	Announcements	4:15p	⊞ Final Evaluations
4:30p	└ Dismissal / Optional All-American Meeting	4:30p	⊞ Final Drill Downs
		4:45p	Final Awards