



2 Day Home Camp

SAMPLE SCHEDULE

Day 1

| | | |
|--------|-----|---|
| 11:45a | | Registration |
| 12:00p | ↻ | Warm Up |
| 12:30p | ↻ | Technique Class |
| 1:30p | ↵ | A Routine |
| 3:00p | | Snack Break |
| 3:15p | ↵ | B Routine |
| 4:45p | ↵ | Drill Downs |
| 5:00p | ↵ | A Routine Review |
| 5:15p | ↵ | B Routine Review |
| 5:30p | R/C | Band Dance Class |
| 6:15p | B | Team Leader / Team Building |
| 6:15p | L | Dismissal / Optional All-American Meeting |

Day 2

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|--------|---|--------------------------|
| | | <i>Breakfast</i> |
| 9:00a | ↻ | Warm UP |
| 9:15a | ↵ | A Routine Review |
| 9:30a | ↵ | B Routine Review |
| 10:00a | ↻ | Technique Class |
| 10:45a | ↵ | C Routine |
| 12:15p | | <i>Lunch</i> |
| 1:15p | ↵ | C Routine Review |
| 2:00p | B | Team Building |
| 2:30p | ↵ | Drill Downs |
| 2:45p | L | Scale Your Strengths |
| 3:15p | E | All-American Evaluations |
| 3:30p | E | Final Evaluations |
| 4:00p | | Final Awards / Dismissal |