



# 3 Day Home Camp

## Sample Schedule

|        | Day 1   | Day 2   | Day 3                              |
|--------|---|---|------------------------------------|
| 11:45a | Registration                                  | Breakfast   | Breakfast                          |
| 12:00p | ☺ Warm Up                                     | 9:00a ☺ Warm Up                                   | 9:00a ☺ Warm Up                    |
| 12:30p | ☺ Technique Class                             | 9:15a < A Routine Review                          | 9:15a < A Routine Review           |
| 1:30p  | < A Routine                                   | 9:30a < B Routine Review                          | 9:30a < B Routine Review           |
| 3:00p  | Snack Break                                   | 10:00a ☺ Technique Class                          | 9:45a < C Routine Review           |
| 3:15p  | < B Routine                                   | 10:45a < C Routine                                | 10:15a Break                       |
| 4:45p  | < Drill Downs                                 | 12:15p Lunch Break                                | 10:30a < D Routine                 |
| 5:00p  | < A Routine Review                            | 1:15p ┘ Scale Your Strengths                      | 11:30a Lunch Break                 |
| 5:15p  | < B Routine Review                            | 2:00p < C Routine Review                          | 1:00p ☺ Technique Class            |
| 5:30p  | ⊞ Team Leader / Team Building                 | 2:30p R/C Band Dance Class                        | 2:30p < Drill Downs                |
| 6:00p  | A/L Dismissal / Optional All-American Meeting | 3:15p < Drill Downs                               | 2:45p L/E All-American Evaluations |
|        |   | 3:30p ⊞ Team Leader / Team Building               | 3:15p E Final Evaluations          |
|        |   | 4:00p A/L Dismissal / Review All-American Routine | 3:45p Final Awards                 |
|        |   |   | 4:00p Dismissal                    |