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Day 1

| | 9a-12p | Registration | 7:00a | | Breakfast | 7:00a | | Breakfast | 7:00a | | Breakfast |
|-----|----------------|---|-----------------|-----|--|------------------|-----|--|--------|---|-------------------------------------|
| | 12:15p | UDA Routine Sneak Peek → (Coaches and Captains Only) | 8:00a | A/L | All-American Meeting | 8:00a | A/L | All-American Meeting | 8:30a | S | Warm Up |
| | 1:00p | UDA Camp Kick Off | 8:30a | S | Warm Up | 8:30a | S | Warm Up | 9:00a | ⋖ | Quick Review of A and B Routines |
| | 1:30p | ✓ Warm Up/Line Dance | 9:00a | | Team Technique Class 1 / Performance Routine Open Practice | 9:00a | S | Team Technique Class 2 / Open Practice | 9:30a | ш | A and B Routine Evaluations |
| | 2:00p | | 9:30a | S | Rotate Groups | 9:30a | S | Rotate Groups | 10:45a | | Break |
| | 3:30p | Optional Home Routine Walk Through | 10:00a | ⋖ | A Routine | 10:00a | ⋖ | A Routine Review | 11:00a | ⋖ | Final Drill Downs |
| | 4:30p 6:00p | Dinner | 11:45a 1:30p | _ | Lunch Scale Your Strengths | 10:45a 11:30a | ∢ | B Routine Review Mock Evaluations | 11:30a | œ | Final Awards |
| | 6:40p | | 2:00p | œ | Band Dance Class | 11:45a | | Lunch | | | |
| 7 | 7:10p | < Drill Downs | 2:45p | ∢ | B Routine | 1:30p | ш | All-American Evaluations | | | |
| 2 7 | 7:25p | Performance Routine Review | 4:30p | | Dinner | 2:00p | ⋖ | Performance Routine Open Practice | | | |
| | 7:55p | Team Leader / Team Building | 6:15p | ∢ | 1 on 1 Coaching / Open Practice | 2:30p | ш | Performance Routine Evaluations | | | |
| 5 | 8:15p | Announcements | 6:45p | ∢ | Rotate Groups | 3:15p | S | Gatorade Break | | | |
| | 8:30p | UDA Sneak Peek for Day 2 → (Coaches and Captains Only) | 7:15p | ∢ | Drill Downs | 3:30p | _ | Performance is a Privilege | | | |
| | | | 7:45p | S | Cool Down | 4:15p | ⋖ | Drill Downs | | | |
| | | | 8:00p | В | Team Leader / Team Building | 4:30p | | Dinner | | | |
| | | | 8:30p | | Announcements / Optional Open Practice with Coach | 6:30p | œ | CRAZY NIGHT | | | |
| | | | | | | 7:30p | _ | Team Leader / Team Building | | | |
| | | | | | | 8:00p 8:15p | | UDA All-American Selection / Announcements Optional Open Practice with Coach | | | |
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Day 3

Day 4

Day 2

UDA.VARSITY.COM NFHS KEY: C: CROWDLEADER | B: AMBASSADOR | R: SPIRIT RAISER | A: ATHLETE | E: ENTERTAINER | L: LEADERSHIP