



RESORT CAMP

SAMPLE SCHEDULE

Day 1		Day 2		Day 3		Day 4	
9a-12p	Registration	7:00a	Breakfast	7:00a	Breakfast	7:00a	Breakfast
12:15p	J UDA Routine Sneak Peek (Coaches and Captains Only)	8:00a	A/L All-American Meeting	8:00a	A/L All-American Meeting	8:30a	S Warm Up
1:00p	C UDA Camp Kick Off	8:30a	S Warm Up	8:30a	S Warm Up	9:00a	A Quick Review of Performance Routine and A Routine
1:30p	S Warm Up/Line Dance	9:00a	S Team Technique Class 1 / Performance Routine Open Practice	9:00a	S Team Technique Class 2 / Open Practice	9:30a	E Performance Routine and A Routine Evaluations
2:00p	A Performance Routine	9:30a	S Rotate Groups	9:30a	S Rotate Groups	10:45a	Break
3:30p	E Optional Home Routine Walk Through	10:00a	A A Routine	10:00a	A A Routine Review	11:00a	A Final Drill Downs
4:30p	Dinner	11:45a	Lunch	10:30a	A Performance Routine Review	11:30a	R Final Awards
6:15p	E Home Routine Evaluations	1:30p	R Band Dance Class	10:45a	Mock Evaluations		
6:40p	R Game Day Stations	2:15p	L Scale Your Strengths	11:00a	E All-American Evaluations		
7:10p	A Drill Downs	2:45p	A B Routine	11:30a	A Drill Downs		
7:25p	A Performance Routine Review	4:30p	E B Routine Showcase	12:00p	Lunch		
7:55p	B Team Leader / Team Building	4:45p	Dinner	1:30p	L Performance is a Privilege		
8:15p	Announcements	6:30p	A 1 on 1 Coaching / Open Practice	2:15p	S Gatorade Break / Prepare for Crazy Night		
8:30p	J UDA Sneak Peek for Day 2 (Coaches and Captains Only)	7:00p	A Rotate Groups	2:30p	R CRAZY NIGHT		
		7:30p	A Drill Downs	3:30p	B Team Leader / Team Building		
		8:00p	S Cool Down	4:00p	All-American Selection		
		8:15p	B Team Leader / Team Building	4:10p	Announcements *Afternoon free for resort activities		
		8:30p	Announcements / Optional Open Practice with Coach	4:30p	Dinner		