

2024-2025 SPIRIT COMPETITIONS

SHOW CHEER

JUMPS SCORING RANGES

If 75% or "most" of the team do not perform a synchronized skill, score drops into the range directly below. Jump Combination – Jumps connected with continuous movement, using either a whip or prep approach (NO PAUSE BETWEEN JUMPS). Synchronized Jumps – exact same skill(s) at the exact same time. Roll off in jumps is not considered synchronized.

| NOVICE, INTERMEDIATE, ADVANCED, & NON-TUMBLING |
|---|
| 2.0 |
| Jumps performed do not meet the 3.0 requirement |
| 3.0 |
| Synchronized single jump |
| 4.0 |
| Synchronized double jump combination with no variety |
| 5.0 |
| Synchronized double jump combination with variety OR Synchronized double jump combination with no variety +1 additional synchronized jump |

| TECHNIQUE/EXECUTION RANGES |
|---|
| 3.5 – 4.0 |
| Less than 50% of skills were executed with excellent precision and form |
| 4.0 – 4.5 |
| 50% of skills were executed with excellent precision and form |
| 4.5–5.0 |
| 75% or more of skills were executed with excellent precision and form |

