



2024-2025 SPIRIT COMPETITIONS

College Show Cheer

COLLEGE STUNT - SCORING RANGES

If "most" of team do not perform synchronized skill, score drops into the range directly below. Refer to Stunt Quantity Chart for clarification of "most." **Synchronized** – exact same skill(s) at the exact same time. ***Note:** required dismount only implemented here, not in pyramid section. ***Note:** All Girl teams and Small Co-ed teams have most of the same stunt skills and dismount requirements but will not compete against each other.

| ALL GIRL/SMALL CO-ED | LARGE CO-ED | INTERMEDIATE ALL GIRL/SMALL CO-ED/LARGE CO-ED |
|--|--|---|
| 7.0 - 8.0 | 7.0 - 8.0 | 7.0 - 8.0 |
| Group stunts performed with incorporation of unique mounts, dismounts, and transitions. | Extended stunts performed with incorporation of unique mounts, dismounts, and transitions. Single base extended stunt (majority unassisted) | Beginning Stunts Skills. Shoulder stands, extensions, chair sits, etc. |
| 8.0 - 9.0 | 8.0 - 9.0 | 8.0 - 9.0 |
| Group stunt up to 1 ½ up to extended stunt OR Group stunt double up to extended stunt OR Released inversions to below extended level. Required Dismount: Flip or twist from the above skills. Additional Co-ed team requirement: Single base toss hands to extended (majority unassisted). | Group stunt inversions into extended one leg stunt OR Single based toss to extended stunt (majority unassisted). Required Dismount: Flip or twist from the above skills. | Extended single leg stunts performed with minimal incorporation of mounts, dismounts, and transitions. Extended Single leg stunts performed with some incorporations of braced inverting, twisting, unique mounts, dismounts, and transitions. |
| 9.0 - 10.0 | 9.0 - 9.5 | 9.0 - 10.0 |
| Group stunt inversions into extended one leg stunts OR Single based toss stunts that press or catch in extended stunt. Required Dismount: Flip or double twist from the above skills. Additional Co-ed team requirement: Unbraced rewinds OR inversion OR released toss full up to liberty or awesome. | Perform one of the skills below (majority unassisted): Unbraced rewinds OR inversions OR released toss full up to liberty variations OR cupie/awesome. Required Dismount: Flip or double twist from the above skills. | Advanced Stunt Skills performed with incorporation of multiple braced inverting/twisting/unique mounts, dismounts, and transitions (braced rewinds, full up to extended positions, braced inversions, etc.) Additional Co-ed team requirement: Unassisted toss single leg extended stunt and required single twist dismount. |
| | 9.5 - 10.0 | |
| | Perform one of the stunt sequence options listed in 9.0 – 9.5 AND All other stunts/stunt sections in the routine must be performed unassisted/unbraced by a majority of the partner stunts. Required Dismount: Flip or double twist from the above skills. | |

TECHNIQUE/EXECUTION RANGES

3.5 – 4.0

Less than 50% of skills were executed with excellent precision and form.

4.0 – 4.5

50% of skills were executed with excellent precision and form.

4.5 – 5.0

75% or more of skills were executed with excellent precision and form.

DRIVERS

Creativity

Percentage of Team Participation

Connection of Skills/Variety

Pace and Speed of Skills

Toss(es)*

***Intermediate Credit:** Partial: Single Skill - Full: 2 Trick Skill incl's a Twist

***Advanced Credit:** Partial: Flipping Toss -- Full: Flip/Twist combinations



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COLLEGE SHOW CHEER

STUNT QUANTITY CHART

| # OF ATHLETES | STUNT GROUPS NEEDED |
|---------------|---------------------|
| 8 | 1 |
| 9 | 1 |
| 10 | 1 |
| 11 | 1 |
| 12 | 2 |
| 13 | 2 |
| 14 | 2 |
| 15 | 2 |
| 16 | 3 |
| 17 | 3 |
| 18 | 3 |
| 19 | 3 |
| 20 | 4 |
| 21 | 4 |
| 22 | 4 |
| 23 | 4 |
| 24 | 5 |
| 25 | 5 |
| 26 | 5 |
| 27 | 5 |
| 28 | 6 |
| 29 | 6 |
| 30 | 6 |
| 31 | 6 |
| 32 | 7 |
| 33 | 7 |
| 34 | 7 |
| 35 | 7 |
| 36 | 7 |
| 37 | 7 |
| 38 | 7 |
| | |

***NOTE: College Co-ed stunt requirement based on number of males**

**2024-2025 SPIRIT
COMPETITIONS****COLLEGE SHOW CHEER****TOSS QUANTITY CHART**

| # OF ATHLETES | TOSS GROUPS NEEDED |
|----------------------|---------------------------|
| 5 TO 11 | 1 |
| 12 TO 17 | 2 |
| 18 TO 22 | 3 |
| 23 TO 30 | 4 |
| 31 TO 38 | 5 |