



# 2024-2025 DANCE COMPETITIONS

## SOLO

**Team Name:**
**Division:**
**# On Team**

(+) SUPERIOR PERFORMANCE (@) AVERAGE PERFORMANCE (v) IMPROVEMENT NEEDED

### Choreography

 Max  
Value

Score

Comments:

**STYLE MOVEMENT**

- Composition
- Originality/Creativity
- Variety/Ambidexterity
- Difficulty
- Appropriateness

 A. 18-20  
B. 16-17  
C. 14-15  
D. 7-13  
F. 0-6

(20)

**VISUAL IMPACT/STAGING**

- Continuity/Transitions
- Use of Area
- Dynamics
- Floorwork
- Musical Interpretation

 A. 18-20  
B. 16-17  
C. 14-15  
D. 7-13  
F. 0-6

(20)

### Execution

**TECHNIQUE**

- Body Control
- Legwork/Footwork
- Leaps/Jumps
- Turns
- Flexibility

 A. 18-20  
B. 16-17  
C. 14-15  
D. 7-13  
F. 0-6

(20)

**MOVEMENT QUALITY**

- Range of Motion/Use of Torso
- Dynamics
- Timing
- Transitions
- Body Placements

 A. 18-20  
B. 16-17  
C. 14-15  
D. 7-13  
F. 0-6

(20)

### Performance

**SHOWMANSHIP**

- Facial Expression
- Projection
- Focus
- Confidence in Performance
- Musicality
- Body Energy
- Uniform/Accessories/Grooming

 A. 18-20  
B. 16-17  
C. 14-15  
D. 7-13  
F. 0-6

(20)

**SOLO**
**TOTAL SCORE**
**100**

Judge:

