



2025 Camp of Champs Cheer Camp Schedule

NFHS KEY: C – Crowd Leader B – Ambassador R – Spirit Raiser S – Safety A – Athlete E – Entertainer L – Leadership

DAY 1

- 9:00 am Camp registration begins
- LUNCH IS NOT PROVIDED**
- 12:00 pm Camp registration ends
- 12:30 pm Arrive to main meeting area
- 1:00 pm Staff Show Off, Red Carpet & Warm-ups
- 1:30 pm **Coaches Welcome & Consultation**
Jump Class & JUMP OFF
- 2:00 pm **Meet Your Staff TeamMate!**
NFHS Credentialing Road Map
- 2:30 pm Safety Seminar (S) & Stunt Class
- 3:30 pm Friday Night Lights Routine (E)
- 4:30 pm **DINNER**
- 6:30 pm Optional Fight Song Evaluation/
Home Routine Showcase
- 7:30 pm **Coaches Goal Setting**
All-American Cheer
- 8:00 pm *We Go(al) Together*
- 8:30 pm Unity Games
- 9:00 pm Spirit Awards & All Camp Meeting

DAY 2

- 7:00 am ***BREAKFAST**
- 8:30 am **Coaches Check-in**
Warm-ups & Review
- 9:00 am Stunt Class (A)
- 10:00 am Team Up for St. Jude (B)
- 10:30 am **Together Time w/ Staff TeamMate:**
Friday Night Lights Coaching
- 11:30 pm **LUNCH**
- 12:45 pm **Coaches Camp Assessment**
STUNT OFF ROUND 1
- 1:00 pm Pyramid Class
- 2:00 pm Game Day Class (C) & Evaluation Demonstration
- 3:00 pm **Together Time w/ Staff TeamMate:**
Game Day Coaching
- 4:00 pm Pin It Forward & Spirit Awards
- 4:30 pm **DINNER**
- 6:30 pm Free Time/Optional Open Practice

DAY 3

- 7:00 am ***BREAKFAST**
- 8:30 am **Coaches Check-in**
Warm-ups & Review
- 9:00 am Stunt Class
- 10:00 am Leadership Activity (L)
- 10:30 am Made 2 Order
- 11:30 am **LUNCH**
- 12:45 pm **STUNT OFF ROUND 2**
- 1:00 pm All-American Tryout
- 2:00 pm **Together Time w/ Staff TeamMate:**
Game Day Coaching
- 2:30 pm Game Day Evaluation
- 3:30 pm **Together Time w/ Staff TeamMate:**
Friday Night Lights Coaching & Main Floor Rotation
- 4:30 pm **DINNER**
- 6:30 pm Class Yell (R) & Class Competition
- 7:00 pm Spirit Awards & USA Dance Party
- 7:30 pm Free Time

DAY 4

- 7:00 am ***BREAKFAST**
- 8:30 am **Coaches Wrap-up**
Warm-ups & Review
- 9:00 am **Together Time w/ Staff TeamMate:**
Friday Night Lights Coaching
- 9:30 am Friday Night Lights Showdown
- 10:30 am **STUNT OFF FINALS**
- 11:00 am Showstopper
- 11:30 am NFHS Certificate Ceremony & TeamMaker
- 12:00 pm Pin It Forward & Senior Spotlight
- 12:30 pm Final Awards
- LUNCH IS NOT PROVIDED**
- Combo Classes
- Friends and family are invited to camp on Day 4 beginning at 9:15 am
- Day 4 will end at approximately 12:30 pm depending on the camp size
- Class times and offerings may vary by camp location
- *BREAKFAST is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your State Director to inquire about a specific location.**