t association united spirit association unit



2025 Dance 2-Day Home Camp

Elite

NFHS KEY: C-Crowd Leader **R- Spirit Raiser B-Ambassador** S-Safetv A-Athlete E-Entertainer L-Leadership Please indicate your routine styles, Choose Your Challenge, team routine level and team technique level DAY 1 **DAY 2** preference. **Style Preference List *ROUTINE A:** 12:00 pm Meet your Staff TeamMate \Box lazz 9:00 am Warm-ups (S) Hip-Hop 12:15 pm Warm-ups (S) 9:15 am Pom Technique (S) ***ROUTINE B:** 12:30 pm Technique (S) 10:15 am Performance Routine A2 Jazz Hip-Hop 1:30 pm Performance Routine A (A) 11:30 am Performance Routine B2 Pom 3:00 pm BREAK *Choose Your Challenge Options: 12:15 pm Technique Progressions LUNCH 3:30 pm Camp Dance (A) Turn Combos 1:15 pm Choose Your Challenge (C) Jumps & Leg Skills Performance Routine B (A) 4:30 pm Improv 2:30 pm Camp Dance Review (L) Flexibility & Conditioning 6:00 pm Unity Games (B) 3:00 pm *Team Technique Level Options: Performance Routine A & B Review 6:30 pm Spirit Awards & Dismiss (R) Beginning Intermediate 3:30 pm Routine Showcase (E) П Advanced Flite 4:00 pm Spirit Awards & Dismiss (R) *Team Routine Level Options: Beginning П Intermediate П Advanced