



2025 Elite Cheer Camp Schedule

NFHS KEY: C – Crowd Leader B – Ambassador R – Spirit Raiser S – Safety A – Athlete E – Entertainer L – Leadership

DAY 1

9:00 am Camp registration begins
LUNCH IS NOT PROVIDED
 12:00 pm Camp registration ends
 12:30 pm Arrive to main meeting area
 1:00 pm Opening Rally & Warm-ups

1:30 pm **Coaches Welcome**
Meet Your Staff TeamMate!
 NFHS Credentialing Road Map

2:00 pm USA Routine

2:30 pm Safety Seminar (S) & Stunt Class

3:30 pm **Together Time w/ Staff TeamMate:**
 Custom Choreography

4:30 pm **DINNER**

6:30 pm Optional Fight Song Evaluation/
 Home Routine Showcase

7:30 pm **Coaches Goal Setting**
 All-American Cheer

8:00 pm Unity Games

8:30 pm Unity Routine (E)

9:00 pm Spirit Awards & All Camp Meeting

DAY 2

7:00 am ***BREAKFAST**

8:30 am **Coaches Check-in**
 Warm-ups & Unity Routine

9:00 am Stunt Class (A) & **STUNT OFF ROUND 1**

10:30 am Game Day Class (C) & Evaluation Demonstration

11:30 am **LUNCH**

1:00 pm **Coaches Camp Assessment**
 Choose Your Challenge

2:00 pm Group A – **Together Time w/ Staff TeamMate:** Pyramid Class
 Group B – *We Go(al) Together & Leadership Activity (L)*

3:00 pm Group A – *We Go(al) Together & Leadership Activity (L)*
 Group B – **Together Time w/ Staff TeamMate:** Pyramid Class

4:00 pm Pin It Forward & Spirit Awards

4:30 pm **DINNER**

6:30 pm Free Time/Optional Open Practice

DAY 3

7:00 am ***BREAKFAST**

8:30 am **Coaches Check-in**
 Warm-ups & Unity Routine

9:00 am Stunt Class & **STUNT OFF ROUND 2**

10:30 am Group A – **Together Time w/ Staff TeamMate:** Game Day Coaching
 Group B – Team Up for St. Jude (B)

11:00 am Group A – Team Up for St. Jude (B)
 Group B – **Together Time w/ Staff TeamMate:** Game Day Coaching

11:30 am **LUNCH**

1:00 pm **JUMP OFF &**
 All-American Tryout

2:00 pm **Together Time w/ Staff TeamMate:**
 Game Day Coaching

2:30 pm Game Day Evaluation

3:30 pm **Together Time w/ Staff TeamMate:**
 USA Routine Coaching

4:30 pm **DINNER**

6:30 pm Class Yell (R) & *We Go Together Rally*

7:00 pm Spirit Awards & USA Dance Party

7:30 pm Free Time

DAY 4

7:00 am ***BREAKFAST**

8:30 am **Coaches Wrap-up**
 Warm-ups & Unity Routine

9:00 am **Together Time w/ Staff TeamMate:**
 USA Routine Coaching

9:30 am USA Routine Evaluation

10:30 am **STUNT OFF FINALS**

11:00 am Spirit Star!

11:30 am NFHS Certificate Ceremony & TeamMaker

12:00 pm Pin It Forward & Senior Spotlight

12:30 pm Closing Rally & Final Awards

LUNCH IS NOT PROVIDED

Combo Classes

Friends and family are invited to camp on Day 4 beginning at 9:15 am

Day 4 will end at approximately 12:30 pm depending on the camp size

Class times and offerings may vary by camp location

***BREAKFAST is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your State Director to inquire about a specific location.**