



# 2025 Premier Resort Camp Song/Pom Schedule

NFHS KEY: C-Crowd Leader B-Ambassador R- Spirit Raiser S-Safety A-Athlete E-Entertainer L-Leadership

DAY 1		DAY 2		DAY 3		DAY 4	
9:00 am	Camp registration begins <b>LUNCH IS NOT PROVIDED</b>	7:00 am	<b>BREAKFAST</b>	7:00 am	<b>BREAKFAST</b>	7:00 am	<b>BREAKFAST</b>
12:00 pm	Camp registration ends	8:00 am	All-American (B)	8:00 am	All-American (B)	8:30 am	<b>Coaches Wrap-up</b> Warm-ups & Unity Routine <b>i</b>
12:30 pm	<b>Routine A Preview for Coaches &amp; Captains</b> Arrive to main meeting area	8:30 am	<b>Coaches Check-in</b> Warm-ups & Unity Routine <b>i</b>	8:30 am	<b>Coaches Check-in</b> Warm-ups & Unity Routine <b>T</b>	9:00 am	Performance Routine A & B Evaluations (E)
1:00 pm	Opening Rally & Warm-ups <b>i</b>	9:00 am	Technique (S)	9:00 am	Performance Routine B2	10:00 am	Material Review for Closings (L)
1:30 pm	<b>Coaches Welcome</b> <b>Meet your Staff TeamMate!</b> NFHS Credentialing Road Map	9:30 am	Performance Routine A2	10:00 am	Performance Routine A & B Review	10:30 am	NFHS Certificate Ceremony & TeamMaker <b>i</b>
2:00 pm	Pom Quarter Break Routine (R)	10:30 am	Game Day Class (C) & Evaluation Demonstration <b>i</b>	10:30 am	Group A – <b>Together Time w/ Staff TeamMate: Game Day Coaching</b> <b>i</b> Group B – Team Up for St. Jude (B)	11:00 am	Pin It Forward & Senior Spotlight (B)
3:00 pm	Performance Routine A1 (A)	11:30 am	<b>LUNCH</b>	11:00 am	Group A – Team Up for St. Jude (B) Group B – <b>Together Time w/ Staff TeamMate: Game Day Coaching</b> <b>i</b>	11:30 am	Closing Rally & Final Awards <b>i</b>
4:15 pm	Review (L)	1:00 pm	<b>Coaches Camp Assessment</b> Performance Routine B1 (A)	11:30 am	<b>LUNCH</b>	<b>LUNCH IS NOT PROVIDED</b>	
4:30 pm	<b>DINNER</b> <b>Routine B Preview for Coaches &amp; Captains</b>	2:00 pm	Hip Hop Quarter Break Routine #2	1:00 pm	All-American Tryouts (E)	<b>i</b> Combo Classes	
6:30 pm	Optional Fight Song Evaluation/ Home Routine Showcase <b>i</b>	3:15 pm	Choose Your Challenge (A)	2:00 pm	<b>Together Time w/ Staff TeamMate: Game Day Coaching</b> <b>i</b>	Friends and family are invited to camp on Day 4 beginning at 9:15 am	
7:30 pm	<b>Coaches Goal Setting</b> Hip Hop Quarter Break Routine #1 (R)	4:00 pm	Pin It Forward & Spirit Awards (B)	2:30 pm	Game Day Evaluation <b>i</b>	Day 4 will end at approximately 11:30 am depending on the camp size	
8:00 pm	Unity Games <b>i</b>	4:30 pm	<b>DINNER</b>	4:30 pm	<b>DINNER</b>	Class times and offerings may vary by camp location	
8:30 pm	Unity Routine (E) <b>i</b>	6:30 pm	Free Time/Optional Open Practice	6:30 pm	Class Yell (R) & <b>We Go Together Rally</b> <b>i</b>	<b>*The number of meals included may vary by location. (Breakfast, Lunch and Dinner) Please refer to online camp listings for more information.</b>	
9:00 pm	Spirit Awards & All Camp Meeting <b>i</b>			7:00 pm	Spirit Awards & USA Dance Party <b>i</b>		
				7:30 pm	Free Time		