



2025 Premier Camp Song/Pom Schedule

NFHS KEY: C-Crowd Leader B-Ambassador R- Spirit Raiser S-Safety A-Athlete E-Entertainer L-Leadership

DAY 1

- 9:00 am Camp registration begins
- LUNCH IS NOT PROVIDED**
- 12:00 pm Camp registration ends
- 12:30 pm **Routine A Preview for Coaches & Captains**
Arrive to main meeting area
- 1:00 pm Opening Rally & Warm-ups **📅**
- 1:30 pm **Coaches Welcome**
Meet your Staff TeamMate!
NFHS Credentialing Road Map
- 2:00 pm Quarter Break Routine #1 (R)
- 3:00 pm Performance Routine A1 (A)
- 4:15 pm Review
- 4:30 pm **DINNER**
Routine B Preview for Coaches & Captains
- 6:30 pm Optional Fight Song Evaluation/
Home Routine Showcase **📅**
- 7:30 pm **Coaches Goal Setting**
Quarter Break Routine #2 (R)
- 8:00 pm Unity Games **📅**
- 8:30 pm Unity Routine (E) **📅**
- 9:00 pm Spirit Awards &
All Camp Meeting **📅**

DAY 2

- 7:00 am **BREAKFAST**
- 8:00 am All-American Routine (B)
- 8:30 am **Coaches Check-in**
Warm-ups & Unity Routine **📅**
- 9:00 am Technique (S)
- 9:30 am Performance Routine A2
- 10:30 am Game Day Class (C) &
Evaluation Demonstration **📅**
- 11:30 am **LUNCH**
- 1:00 pm **Coaches Camp Assessment**
Performance Routine B1 (A)
- 2:00 pm Quarter Break Routine #3 (R)
- 3:15 pm Choose Your Challenge (A)
- 4:15 pm Pin It Forward (B)
- 4:30 pm **DINNER**
- 6:30 pm Quarter Break Routine Review
- 7:00 pm Performance Routine B2
- 8:00 pm All American Review
- 8:30 pm Spirit Awards

DAY 3

- 7:00 am **BREAKFAST**
- 8:00 am All-American Routine (B)
- 8:30 am **Coaches Check-in**
Warm-ups & Unity Routine **📅**
- 9:00 am Performance Routine A & B Review
- 10:00 am Team Technique (S)
- 10:30 am Group A – **Together Time w/ Staff TeamMate:** Game Day Coaching **📅**
Group B – Team Up for St. Jude (B)
- 11:00 am Group A – Team Up for St. Jude (B)
Group B – **Together Time w/ Staff TeamMate:** Game Day Coaching **📅**
- 11:30 am **LUNCH**
- 1:00 pm All-American Tryouts (B)
- 2:00 pm **Together Time w/ Staff TeamMate:**
Game Day Coaching **📅**
- 2:30 pm Game Day Evaluation **📅**
- 4:30 pm **DINNER**
- 6:30 pm Class Yell (R) &
We Go Together Rally **📅**
- 7:00 pm Spirit Awards &
USA Dance Party **📅**
- 7:30 pm Free Time

DAY 4

- 7:00 am **BREAKFAST**
- 8:30 am **Coaches Wrap-up**
Warm-ups & Unity Routine **📅**
- 9:00 am Performance Routine A & B
Evaluations
- 10:00 am Material Review for Closings
- 10:30 am NFHS Certificate Ceremony &
TeamMaker **📅**
- 11:00 am Pin It Forward &
Senior Spotlight **📅**
- 11:30 am Closing Rally & Final Awards **📅**
- LUNCH IS NOT PROVIDED**
- 📅 Combo Classes**
- Friends and family are invited to camp on Day 4 beginning at 9:15 am
- Day 4 will end at approximately 11:30 am depending on the camp size
- Class times and offerings may vary by camp location
- *The number of meals included may vary by location. (Breakfast, Lunch and Dinner) Please refer to online camp listings for more information.**