t association united spirit association unit

S - Safety



## 2025 Your Way Cheer Camp Schedule

A – Athlete

DAY 1

NFHS KEY: C - Crowd Leader

9:00 am	Camp registration begins
	LUNCH IS NOT PROVIDED
12:00 pm	Camp registration ends
12:30 pm	Arrive to main meeting area
1:00 pm	Opening Rally & Warm-ups
1:30 pm	Coaches Welcome Meet Your Staff TeamMate! NFHS Credentialing Road Map
2:00 pm	USA Routine
2:30 pm	Safety Seminar (S) & Stunt Class
3:30 pm	Together Time w/ Staff TeamMate: Custom Choreography
4:30 pm	DINNER
6:30 pm	Optional Fight Song Evaluation/ Home Routine Showcase
7:30 pm	Coaches Goal Setting All-American Cheer
8:00 pm	Unity Games
8:30 pm	Unity Routine (E)
9:00 pm	Spirit Awards & All Camp Meeting

## DAY 2

R - Spirit Raiser

B - Ambassador

7:00 am	*BREAKFAST
8:30 am	Coaches Check-in & Camp Assessment Warm-ups & Unity Routine
9:00 am	We Go(al) Together & Leadership Activity (L)
9:30 am	Choose Your Challenge 1 (C)  Sideline Class – Band Chant A & 3 Sideline Cheers Timeout Class – Timeout Dance A Halftime Class – Hip Hop Dance A Skills Class – Stunts
10:30 am	Pyramid Class (A)
11:30 am	LUNCH
1:00 pm	Staff TeamMate Time: USA Routine Coaching
2:00 pm	Choose Your Challenge 2 (R)  ☐ Sideline Class – Crowdgetter A  ☐ Timeout Class – Timeout Dance B  ☐ Halftime Class – Hip Hop Dance B  ☐ Skills Class – Stunts
3:00 pm	Team Up for St. Jude (B) & Pin It Forward
3:30 pm	Class Yell (R) & We Go Together Rally
4:00 pm	Spirit Awards & USA Dance Party
4:30 pm	DINNER
6:30 pm	Free Time/Optional Open Practice

## DAY 3

L - Leadership

E - Entertainer

7:00 am	*BREAKFAST
8:30 am	Coaches Wrap-up Warm-ups & Unity Routine
9:00 am	All-American Tryout
10:00 am	Together Time w/ Staff TeamMate: USA Routine Coaching
10:30 am	USA Routine Evaluation
11:30 am	NFHS Certificate Ceremony & TeamMaker
12:00 pm	Pin It Forward & Senior Spotlight
12:30 pm	Closing Rally & Final Awards
	LUNCH IS NOT PROVIDED
	T Combo Classes
	Friends and family are invited to camp on Day 3 beginning at 10:15 am
	Day 3 will end at approximately 12:30 pm depending on the camp size
	Class times and offerings may vary by camp location
	*BREAKFAST is not included at certain Resort/Hotel camp locations. Refer to the camp information on the MyVarsity portal or contact your State Director to inquire about a specific location.