

2023-2024 DANCE COMPETITIONS

College Pom

Team Name: Division: # On Team

Choreography	Max Value	Score	Comments:
USE OF POM/CREATIVITY Pom Motions/Movement/Variety Visual Effects Musical Interpretation	15		
ROUTINE STAGING Transitions/Continuity Formations/Use of Floor TECHNICAL SKILLS/SPECIALTIES	15		
Turns Kicks Leaps/Jumps Use of Team	10		
Execution			
POM TECHNIQUE Control/Placement Sharpness/Precision	15		
UNIFORMITY Synchronization Timing/Rhythm/Pace Spacing	15		
TECHNICAL SKILLS/SPECIALTIES Turns Kicks Leaps/Jumps Overall Technique	10		
Performance			
SHOWMANSHIP Smiles/Projection Energy/Enthusiasm Eye Contact/Confidence Recoveries	10		
OVERALL IMPRESSION Judge's impression of the entire performance encompassing all scoresheet categories. This may also include elements such as: Appearance, Appropriateness and Crowd Appeal.	10		Callaga Daw
			College Pom
TOTAL SCORE	100		Judge:
usa.varsitv.	com	SPIRIT	

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COLLEGE POM ROUTINE PROCEDURE: A college pom routine consists of visuals effects, synchronization, clean/sharp pom motions and technical skills. Visual effects include level changes, opposition, group work, transitions and formations. Emphasis should be placed on proper pom/motion technique, proper dance technique, timing, and showmanship. All female members must use two pompons for 80% of the routine.

CHOREOGRAPHY (40)

Use of Pom/Creativity (15)

- Pom Motions/Movement/Variety Variety of pom motions and dance movements incorporated effectively throughout the routine.
- · Visual Effects Use of visual effects, level changes, roll-offs, etc. to make routine more exciting and original.
- Musical Interpretation Music selection and appeal, should complement choreography, movement and skills match the beats/hits in music. Sound effects should accentuate choreography not overpower it.

Routine Staging (15)

- Transitions/Continuity Smooth, clean transitions from element to element, throughout routine. Pace, visual effect and creativity of transitions will increase difficulty.
- Formations/Use of Floor Variety of formations and effective use of formation changes to increase excitement. Ability to utilize the performance area to reach the entire audience.

Technical Skills/Specialties (10)

- Turns Variety and incorporation of turns and turn sequences, ability to perform and execute them successfully, difficulty will be taken into consideration.
- Kicks Variety of kicks and how they are incorporated into routine.
- Leaps/Jumps Incorporation and variety of leaps/jumps, and how they are used to enhance routine, difficulty will be taken into consideration.
- · Use of Team How many team members are used to perform skills listed above, looking for good utilization of the team overall.

EXECUTION (40)

Pom Technique (15)

- Control/Placement Proper control, placement and completion of pom motions, angles and body positions.
- Sharpness/Precision Strong pom motions and dance movements that are crisp, clean and precise.

Uniformity (15)

- · Synchronization How well a team dances together. The ability to be "in sync" and maintain accuracy of movement.
- · Timing/Rhythm/Pace The ability to dance on beat with the music, avoiding going too fast or too slow.
- Spacing Centering and even positioning of formations and the ability to keep it consistent during transitions.

Technical Skills/Specialties (10)

- Turns Ability to use proper technique in execution of turns and turn sequences (spotting, body placement, balance).
- Kicks Ability to execute with proper technique (straight legs, pointed toes, even height, good extension and flexibility, timing and uniformity).
- · Leaps/Jumps Ability to perform leaps/ jumps with proper technique, good height in air and proper body position.
- Overall Technique Proper technique performed throughout routine by the team as a whole.

PERFORMANCE (20)

Showmanship (10)

- Smiles/Projection Nice smiles and facial projection, engaging the audience, naturalness.
- Energy/Enthusiasm Energy and enthusiasm maintained throughout performance.
- Eye Contact/Confidence Eye contact on the audience, not watching each other or looking down. Nice confidence, poise and sportsmanship.
- Recoveries Good recoveries, keeping showmanship strong even through mistakes.

Overall Impression (10)

Judge's impression of the entire performance encompassing all scoresheet categories. This may also include elements such as: Appearance, Appropriateness and Crowd Appeal.

POINT SCALES

15 Point Scale:

Superior 14-15 Above Average 12-13 Average 10-11 Below Average 0-9 10 Point Scale:

Superior 9-10 Above Average 7-8 Average 5-6 Below Average 0-4

